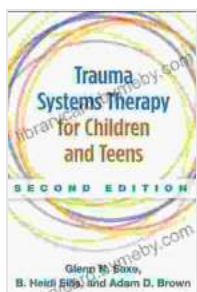


Unleashing the Power of Trauma Systems Therapy for Children and Teens: A Comprehensive Guide to the Second Edition

Trauma is a pervasive issue that can have devastating effects on the lives of children and teens. It can lead to a range of mental health problems, including anxiety, depression, and PTSD. It can also impair cognitive functioning and academic achievement. In addition, trauma can have a negative impact on physical health, leading to chronic pain, obesity, and other health problems.



Trauma Systems Therapy for Children and Teens, Second Edition by Glenn N. Saxe

★★★★☆ 4.7 out of 5

Language : English

File size : 8159 KB

Screen Reader : Supported

Print length : 506 pages



Trauma Systems Therapy (TST) is a groundbreaking approach to treating trauma in children and teens. Developed by Dr. Patricia Ogden and Dr. Peter Levine, TST is based on the understanding that trauma is not an isolated event, but rather a complex system of responses that can affect the entire body, mind, and spirit.

The second edition of Trauma Systems Therapy for Children and Teens is the most comprehensive and up-to-date resource on this

groundbreaking approach. Written by Dr. Ogden and Dr. Levine, along with a team of leading experts in the field, this book provides a step-by-step guide to the theory and practice of TST. It includes new chapters on assessment, treatment planning, and working with complex trauma. It also includes a wealth of case studies and exercises to help you apply the principles of TST to your work with children and teens.

If you are a mental health professional who works with children and teens who have experienced trauma, then Trauma Systems Therapy for Children and Teens, Second Edition is an essential resource. This book will provide you with the knowledge and skills you need to help your clients heal from the effects of trauma and build a brighter future.

What's New in the Second Edition?

The second edition of Trauma Systems Therapy for Children and Teens includes a number of significant updates and revisions, including:

- **New chapters on assessment, treatment planning, and working with complex trauma.** These chapters provide a comprehensive overview of the latest research and best practices in the field of trauma therapy.
- **A wealth of new case studies and exercises.** These resources will help you apply the principles of TST to your work with children and teens.
- **An expanded discussion of the neurobiology of trauma.** This information will help you understand the impact of trauma on the brain and body, and how TST can help to promote healing.

- **A revised and updated resource section.** This section includes the latest books, articles, and websites on trauma therapy for children and teens.

Who Should Read This Book?

Trauma Systems Therapy for Children and Teens, Second Edition is an essential resource for any mental health professional who works with children and teens who have experienced trauma. This book is also a valuable resource for parents, educators, and other professionals who work with children and teens.

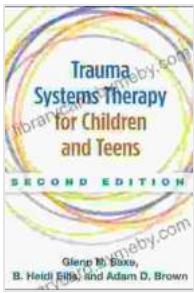
About the Authors

Dr. Patricia Ogden is a pioneer in the field of trauma therapy. She is the developer of Sensorimotor Psychotherapy, a body-oriented approach to trauma treatment. Dr. Ogden is also the co-author of the bestselling book *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*.

Dr. Peter Levine is a psychologist and trauma expert. He is the developer of Somatic Experiencing, a body-based approach to trauma treatment. Dr. Levine is also the author of the bestselling book *Waking the Tiger: Healing Trauma*.

Free Download Your Copy Today!

Trauma Systems Therapy for Children and Teens, Second Edition is available now. Free Download your copy today and start helping your clients heal from the effects of trauma.



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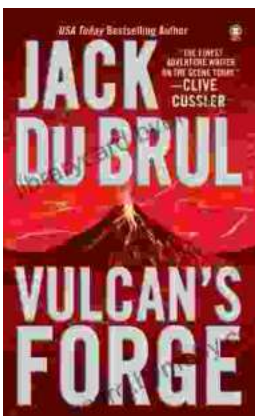
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