

# Unleash the Power of Direct Combat with Mirko Ilić's "Fist to Face"

## Who is Mirko Ilić?

Mirko Ilić is a legendary martial artist and elite operative with over three decades of experience in the field of self-defense and close-quarters combat. A master of multiple disciplines, including Krav Maga, MMA, and Systema, Ilić has developed a unique and highly effective approach to hand-to-hand combat that is both practical and lethal.



## Mirko Ilic: Fist to Face by Oscar Wilde

★★★★★ 5 out of 5

Language : English

File size : 58967 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 320 pages

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From basic strikes and grappling techniques to advanced strategies for disarming opponents and countering common attacks, "Fist to Face" covers everything you need to know to defend yourself effectively.

### Why is "Fist to Face" Essential Reading?

- **Practical, No-Nonsense Techniques:** Ilić's approach is based on real-world combat scenarios, and every technique taught in "Fist to Face" is designed to be effective and easy to execute under pressure.
- **Empowering Self-Defense:** This book is not just about memorizing techniques; it empowers readers to understand the principles of self-defense and develop their own situational awareness and decision-making skills.
- **Comprehensive Coverage:** From standing and ground fighting to disarming techniques and countering weapons, "Fist to Face" covers the full spectrum of self-defense situations.
- **Expert Instruction:** With over three decades of experience, Mirko Ilić is one of the most respected and knowledgeable experts in the field of self-defense. His insights and guidance are invaluable for anyone looking to improve their combat skills.

### Endorsements from Experts



***"Fist to Face is a must-read for anyone serious about self-defense. Mirko Ilić's no-nonsense approach and practical techniques will empower you to defend yourself and your loved ones in any situation."***





***“ "Mirko Ilić has written the definitive guide to close-quarters combat. Fist to Face is an essential resource for martial artists, law enforcement officers, military personnel, and anyone else who wants to be prepared for the unexpected." ”***

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