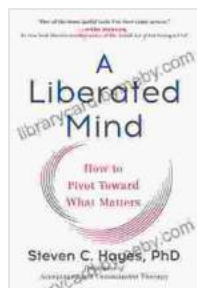


How to Pivot Toward What Matters: A Journey of Self-Discovery and Purpose



A Liberated Mind: How to Pivot Toward What Matters

by Steven C. Hayes

★★★★☆ 4.7 out of 5

Language : English
File size : 8105 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 446 pages



In a world that's constantly changing, it's more important than ever to be able to pivot toward what matters. This book will show you how to identify your values, set goals that align with them, and take action to create a life that's meaningful and fulfilling.

Chapter 1: The Importance of Values

Your values are the foundation of your life. They're what drive you, motivate you, and give you a sense of purpose. When you live in alignment with your values, you're more likely to be happy, successful, and fulfilled.

But how do you identify your values? And how do you make sure you're living in alignment with them?

This chapter will help you answer these questions and more. You'll learn:

- The importance of identifying your values
- How to identify your values
- How to live in alignment with your values

Chapter 2: Setting Goals That Align with Your Values

Once you've identified your values, the next step is to set goals that align with them. This will help you stay focused and motivated, and it will also increase your chances of success.

But how do you set goals that are aligned with your values?

This chapter will help you answer this question and more. You'll learn:

- The importance of setting goals that align with your values
- How to set goals that align with your values
- How to stay focused and motivated on your goals

Chapter 3: Taking Action to Create the Life You Want

Now that you've identified your values and set goals that align with them, it's time to take action. This is the hard part, but it's also the most important part.

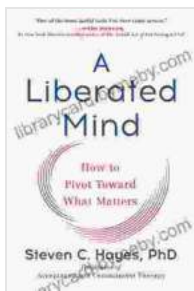
Taking action is the only way to create the life you want. It's not always easy, but it's always worth it.

This chapter will help you answer this question and more. You'll learn:

- The importance of taking action
- How to take action
- How to overcome obstacles

Pivoting toward what matters is not always easy, but it's always worth it. This book will show you how to identify your values, set goals that align with them, and take action to create a life that's meaningful and fulfilling.

Are you ready to start pivoting toward what matters? Free Download your copy of the book today!



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