# **Embracing the Future of Being Human: The Mystical Philosophy of Jeff Carreira**

In a world grappling with rapid technological advancements, social upheaval, and environmental challenges, the need for a deeper understanding of ourselves and our place in the universe has become paramount. Jeff Carreira, a renowned mystic and philosopher, offers a profound and transformative perspective in his groundbreaking book, *Embracing the Future of Being Human*.



### The Soul of a New Self: Embracing the Future of Being Human (The Mystical Philosophy of Jeff Carreira)

by Jeff Carreira

★ ★ ★ ★ ★ 4.6 out of 5 Language : English File size : 346 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 212 pages Lending : Enabled



Carreira's philosophy draws upon ancient wisdom, modern science, and his own profound mystical experiences to paint a vivid picture of the future of human evolution. He argues that we are on the cusp of a new era, one in which we will transcend our current limitations and embrace our true potential as beings of consciousness and compassion.

#### **The Mystical Tapestry**

Carreira's philosophy is rooted in the belief that the universe is a living, interconnected tapestry of energy and consciousness. He invites us to see ourselves as threads woven into this tapestry, each with a unique role to play in the unfolding drama of existence.

Through meditation and other contemplative practices, Carreira teaches us how to access the deeper realms of our consciousness, where we can connect with our true selves and the divine source of all creation. This connection, he says, is the key to unlocking our true potential and living a life of purpose and fulfillment.

#### **Beyond the Ego**

One of the central tenets of Carreira's philosophy is the need to transcend the ego. The ego, he argues, is a limiting construct that keeps us trapped in a cycle of fear, desire, and attachment. By letting go of our egos, we can open ourselves up to the vastness of consciousness and the limitless possibilities it holds.

Carreira offers practical techniques for transcending the ego, including mindfulness, self-inquiry, and compassionate service to others. He emphasizes that this is not a process of self-annihilation, but rather a transformation into a more authentic and interconnected state.

#### The Future of Humanity

Carreira believes that we are on the cusp of a profound shift in human consciousness. He calls this shift the "Great Awakening," a time when we will awaken to our true nature as beings of love, compassion, and wisdom.

The Great Awakening, according to Carreira, will be accompanied by a number of transformative changes in our society and planet. These changes will include a shift towards renewable energy, a more equitable distribution of resources, and a global movement towards peace and cooperation.

#### The Path of Personal Transformation

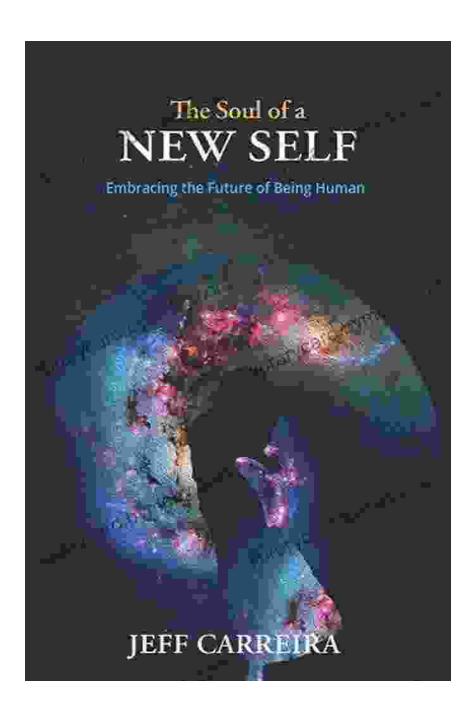
While Carreira offers a vision of a bright future, he also recognizes that the path of personal transformation is not always easy. He encourages us to embrace our challenges and setbacks as opportunities for growth and learning.

Carreira provides a comprehensive toolkit for personal transformation, including:

- Exercises for developing mindfulness and self-awareness
- Techniques for accessing deeper states of consciousness
- Guidance on overcoming the ego and living a life of purpose

Embracing the Future of Being Human is a transformative and inspiring book that offers a profound vision for the future of humanity. Jeff Carreira's mystical philosophy provides a roadmap for personal transformation and a path towards a more enlightened and compassionate world.

Whether you are new to spirituality or a seasoned seeker, this book has something to offer. It is a must-read for anyone who is interested in exploring the deeper dimensions of human consciousness and finding their place in the unfolding evolution of the universe.





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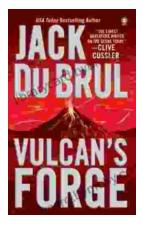
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