

# 20 Minute Golf Tune Up: Overcoming Mistakes and Frustration

## Chapter 1: Identifying and Correcting Common Golf Mistakes

Golf is a challenging game, and there are many mistakes that golfers can make. Some of the most common mistakes include:

- **Slicing the ball:** This is when the ball curves to the right (for right-handed golfers). Slicing is often caused by an outside-in swing path.
- **Hooking the ball:** This is when the ball curves to the left (for right-handed golfers). Hooking is often caused by an inside-out swing path.
- **Topping the ball:** This is when the ball is hit thin and flies low and short. Topping is often caused by hitting the ball too high on the clubface.
- **Chunking the ball:** This is when the ball is hit fat and flies low and short. Chunking is often caused by hitting the ball too low on the clubface.

These are just a few of the most common golf mistakes. If you are making any of these mistakes, don't worry. There are simple fixes that you can make to improve your swing and start hitting the ball better.

**Here are a few tips for identifying and correcting common golf mistakes:**

**20 Minute Golf Tune-Up: Overcoming Mistakes and Frustration** by Paul McCarthy



★★★★☆ 4.5 out of 5

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- **Take a video of your swing.** This is a great way to see what you are doing wrong. Once you have a video of your swing, you can watch it back in slow motion and identify any areas that need improvement.
- **Get a lesson from a golf pro.** A golf pro can help you identify your mistakes and give you personalized instruction on how to correct them.
- **Practice, practice, practice!** The more you practice, the better your swing will become. When you practice, focus on making solid contact with the ball and swinging smoothly.

With a little practice, you can overcome common golf mistakes and start playing better golf. So what are you waiting for? Start practicing today!



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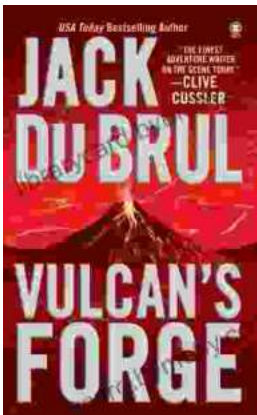
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